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## Post Laser Vein Treatment Instructions

1. Wear the compression stocking on your treated leg continuously for the first 24 hours.
2. Wear the compression stockings during waking hours for four weeks.
3. Do not drive for 24 hours.
4. When sitting, elevate your treated leg as much as possible.
5. You may resume regular activity the day after the procedure. Daily walking is encouraged.
6. No vigorous exercise or weight training for one week.
7. You may shower the day after the procedure. Avoid tub baths, hot tubs or saunas for two weeks after the procedure.
8. You should not travel by plane or take prolonged car trips for four weeks after the procedure.
9. You may take Tylenol for pain as needed. You should avoid ibuprofen, Aleve or aspirin for 48 hours.

If you have questions, you may call (336) 433-5050. Please listen to the recorded message for the number to call after hours or on weekends.

1 week follow up appointment: \_\_\_\_\_

1 month follow up appointment: \_\_\_\_\_

\_\_\_\_\_  
Patient Signature Date

\_\_\_\_\_  
Witness Signature Date